

Trajectory of Trouble Checklist

Children with DCD and their parents are great sources of information! Asking them questions about other areas that may be affected will help you prevent the cascade of consequences that can result from motor difficulties (the 'trajectory of troubles').

Please note : The checklist below is provided as a tool for physiotherapists working with children who have or might have DCD. It is intended for use during conversation with children and their parents regarding potential consequences of motor difficulties on daily and to assist with possible goal setting. It is NOT to be used as a validated tool for either clinical or research purposes.

Child's name: _____

Date: _____

Interview with (child, mother, father, etc): _____

Does your child exhibit :	Comments
Play differences: <input type="checkbox"/> Avoids engaging in play with others <input type="checkbox"/> Gets hurt when playing	
Challenges in self-care activities: <input type="checkbox"/> Has difficulties with feeding/using utensils <input type="checkbox"/> Has difficulties getting dressed (zippers, buttons, fasteners)	
Challenges with academic performance: <input type="checkbox"/> Has difficulties with fine motor tasks (e.g. printing, copying, lining up math questions) <input type="checkbox"/> Often has extra homework <input type="checkbox"/> Acts out to avoid having to complete motor tasks	
Participation restrictions: <input type="checkbox"/> Avoids physical activities	
Challenges in peers relations: <input type="checkbox"/> Is often alone <input type="checkbox"/> Plays with much younger children <input type="checkbox"/> Is bullied by peers	
Has negative self-perceptions: <input type="checkbox"/> Expresses frustration with him/herself	
Emotional difficulties <input type="checkbox"/> Displays angry outbursts <input type="checkbox"/> Has tearful outbursts <input type="checkbox"/> Expresses suicidal thoughts	

Physiotherapist's name: _____ Contact information: _____