

DCD

A quick reference in 5Cs



COMMON: Prevalence estimates range from 5 to 10 % making DCD a common, although often unrecognized, disorder. In each classroom, one to two children may have DCD.

CLUMSY: Although there may be differences in the presentation of children with DCD, clumsiness is the common feature. Children with DCD will appear physically awkward and uncoordinated and may bump into objects or people.

CHRONIC HEALTH CONDITION: Children do not 'outgrow' DCD. DCD is a chronic health condition that persists into adolescence and adulthood.

CO-OCCURRING CONDITIONS: DCD is frequently associated with Specific Language Impairment (SLI) & Attention Deficit Hyperactivity Disorder (ADHD).

CONSEQUENCES: Without effective management, secondary complications may occur including social isolation, physical and mental health issues and low self-esteem.

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